

PLYMOUTH CITY COUNCIL

Subject: Director of Public Health Annual Report 2017
“Feel Better Do Better; Thrive Plymouth in Schools”

Committee: Cabinet

Date: 31 October 2017

Cabinet Member: Councillor Lynda Bowyer

CMT Member: Ruth Harrell (Director of Public Health)

Author: Ruth Harrell (Director of Public Health)

Contact details: 01752 398606

Ref:

Key Decision: No

Part: I

Purpose of the report:

There is a statutory requirement for all Directors of Public Health to produce an independent report each year.

This year’s report focuses on Thrive Plymouth, as the city’s ten year programme to improve health and reduce inequalities in health, with particular focus on schools as settings for health and wellbeing of children and young people.

It aims to describe the importance of:

- childhood and adolescence as a critical time when lifelong behaviours are established
- schools as a key asset for promoting an environment which protects and promotes health and wellbeing in children and young people and recognises the work that goes on by and in schools in support of this
- the inter-dependency of wellbeing and attainment

The report presents findings from a survey carried out amongst secondary school pupils about five lifestyle factors- smoking, eating, drinking, moving and mental wellbeing and where progress is being made and where more needs to be done.

The report recognises that there is shared responsibility to support children and young people to have the best start to life and be healthy. It aims to use the positive work being done to further enthuse and galvanise all involved with Thrive Plymouth to continue this work.

The report identifies future challenges faced with respect to improving the health and wellbeing of children and young people in relation to Thrive Plymouth. It challenges organisations and partners across the city to do more to support children and young people to be mentally and physically healthy and ready to learn and support schools as settings in this.

The report also signals the importance of good mental wellbeing and the focus of Thrive Plymouth year 4 on this. The focus of Thrive Plymouth this year and the five ways to wellbeing is an opportunity to further support the mental wellbeing of children and young people.

The Corporate Plan 2016 - 19:

The strategic alignment of this report, is linked to the four values in the Councils' Corporate Plan (democratic, responsible, fair, and partners), the four objectives in the Council's Corporate Plan (pioneering, growing, caring and confident) and themes through the relationship of the contents of this report to Thrive Plymouth as the ten year programme to reduce health inequalities and improve health in the city and The Plymouth Plan -Healthy City.

**Implications for Medium Term Financial Plan and Resource Implications:
Including finance, human, IT and land:**

N/A (This is an independent report of the Director for Public Health)

Other Implications: e.g. Child Poverty, Community Safety, Health and Safety and Risk Management:

There are no direct risks to the Plymouth population as a result of the DPH annual report being published. In fact, having and acting on information contained within the report should improve the overall health and wellbeing of residents by sharing good practice and enabling the Council and partners to address the challenges highlighted in the report.

Equality and Diversity:

Has an Equality Impact Assessment been undertaken? N/A (This is an independent report of the Director of Public Health)

Recommendations and Reasons for recommended action:

Cabinet is asked to:

1. Consider this report and offer reflection on the approaches being taken to support health and wellbeing of children and young people in the City through the activity of schools and partners
2. Be aware of the challenges identified to support health and wellbeing for children in the school settings
3. Offer feedback and suggestions on dissemination of the report in council wards either as a whole

or in aspects of its content.

Alternative options considered and rejected:

N/A (This is an independent report of the Director of Public Health)

Published work / information:**Background papers:**

Title	Part I	Part II	Exemption Paragraph Number						
			1	2	3	4	5	6	7

Sign off:

Fin	DjnI 728. 113	Leg	DVS/ 29098	Mon Off	DVS/ 29098	HR		Assets		IT		Strat Proc	
Originating SMT Member Ruth Harrell													
Has the Cabinet Member(s) agreed the content of the report? The cabinet member for public health has been briefed on the contents.													

